

# 2011 WISD Relays Schedule of Events

Thursday, March 17<sup>th</sup>

8:00 AM

All Field Events and **3200 JVG/JVB**  
**Distance Medley** for Varsity Only 12/4/8/16

Friday, March 18<sup>th</sup>

Running will be FAT Timed Finals

8:00 AM

4x100 relay	JVG, VARG, JVB, VARB
800 Meter Run	JVG, VARG, JVB, VARB
100/110 Hurdles	JVG, VARG, JVB, VARB
100 m Dash	JVG, VARG, JVB, VARB
4x200 relay	JVG, VARG, JVB, VARB
400 m Dash	JVG, VARG, JVB, VARB
300 m. Hurdles	JVG, VARG, JVB, VARB
200 m Dash	JVG, VARG, JVB, VARB
1600 m run	JVG, VARG, JVB, VARB
<b>Sprint Medley 2/2/4/8</b>	<b>JVB, VARB</b>

**Field Event Order:**

**Long Jump:** VB / JVB / JVG, VG, (at same time-Varsity gets favorable wind)

**Triple Jump** (following Long Jump) VB / JVB / JVG, VG (at same time-Varsity gets favorable wind)

**High Jump:** JVG, VG, JVB, VB,

**Shot Put:** VB, JVB,

**Discus:** JVB, VG, VB, JVG,

**Pole Vault:** JVG, VG, JVB, VB, (Girls may be combined)

**LJ, TJ, Shot, Disc: Varsity -4 attempts, JV - 3 attempts w/ no finals**