

# 2012 Burkburnett Bulldog Relays

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**When:** Friday February 24, 2012

**Time:** Events start @ 3:30 p.m. – Scratch meet & Packet pick up 1:30 p.m. – 2:30 p.m.

**Where:** Bulldog Track Complex

**Cost:** \$75.00 for 1<sup>ST</sup> Team per division / \$50.00 Each Additional Team per division

\*\* Make checks payable to Burkburnett High School

\*\* Send check to: Burkburnett High School  
c/o Linda Richards  
109 Kramer Rd.  
Burkburnett, Texas, 76354

**Entries:** Entries will only be accepted online via the Athletic.net web-site at [www.athletic.net](http://www.athletic.net). See attached info sheet for instructions.

**\*\*\*ENTRY DEADLINE IS THURSDAY, FEBRUARY 23<sup>RD</sup> @ 7:00 PM.  
SCRATCHES ONLY WILL BE ALLOWED ON THE DAY OF THE  
MEET.**

**Awards:** \*\* Trophy to top team in each division  
\*\* Medals for top 3 finishers

**Race Times:** First race will begin promptly at 3:30 p.m. and will follow a rolling schedule.

**Timing:** Flash Timing FAT Timing System

**Correspondence:** Please email if you are planning to attend. Let us know which divisions you will be bringing and a cell # for our contact purposes.

DIV I – JV GIRLS \_\_\_\_\_

DIV III - JV BOYS \_\_\_\_\_

DIV II – VARSITY GIRLS \_\_\_\_\_

DIV IV - VARSITY BOYS \_\_\_\_\_

**Email:** [loy.triana@burkburnettisd.org](mailto:loy.triana@burkburnettisd.org)  
[linda.richards@burkburnettisd.org](mailto:linda.richards@burkburnettisd.org)

**INFORMATION:** If you have any further questions or concerns,  
feel free to contact me @ the following numbers:  
Loy Triana: (940) 569-1411 x 1185 (w) or (940) 642-9585(c)

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## Meet Schedule: All Finals

### FIELD EVENTS

3:30 p.m.      DISCUS – GIRLS                      SHOT PUT – BOYS  
                    DISCUS – BOYS                      SHOT PUT – GIRLS

### RUNNING EVENTS

3:30 p.m.    4 X 60 M. SHUTTLE HURDLE RELAY (GIRLS, BOYS)

4 X 800 M RELAY (GIRLS, BOYS)  
-1 TURN STAGGER

4 X 100 M RELAY (GIRLS, BOYS)

SPRINT MEDLEY RELAY (GIRLS, BOYS)  
-(200,200, 400, 800)  
- USE 3 TURN STAGGER

4 X 200 M RELAY (GIRLS, BOYS)

DISTANCE MEDLEY RELAY (GIRLS,BOYS)  
-(1200,400,800,1600)  
-WATERFALL START

4 X 400 M. RELAY (GIRLS, BOYS)

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# Burkburnett Bulldog Relays - Online Entry Instructions

*This meet is using free online registration at Athletic.net!*

<b>Date</b>	2/24/2012	<b>Host</b>	Burkburnett
<b>Location</b>	Burkburnett Track Complex - 109 Kramer rd, Burkburnett, TX	<b>Director</b>	Loy Triana
<b>Region</b>	Texas	<b>Email</b>	<a href="mailto:loy.triana@burkburnettisd.org">loy.triana@burkburnettisd.org</a>
<b>Field Start</b>	3:30 PM	<b>Phone</b>	940-569-1411 x 1185
<b>Track Start</b>	3:30 PM		

### 1. Locate your team and sign up for a free coach account (if you don't have one.)

- Go to [www.Athletic.net](http://www.Athletic.net)
- Go to the appropriate level under Track & Field (HS, MS, College, or Club)
- Locate your state, then your team
- On your team page, click "**Sign Up Here**" in the "Info for Coaches" box
- After receiving the confirmation email, proceed to step 2

### 2. Enter your season calendar

- Sign into [www.Athletic.net](http://www.Athletic.net) with your email and password, and click your team name in the left navigation menu
- Click "**Edit Calendar**" on the Coach Tools bar near the top of your team page
- Next to "T&F Meet" select the date **2/24/2012** and click **Add Meet by Date >**
- For Region, select: **Texas**
- Click **Select** on line that says: **Burkburnett Track Complex , Burkburnett, Burkburnett Bulldog Relays**
- Review the information and click **Save**
- Repeat for the rest of your calendar
- Verify meets on the "Edit Calendar" page. Click "Edit" next to a meet to correct.

### 3. Enter past meet results to be used as seed times

Seed times for entries are automatically drawn from past results. Some hosts will accept "override seed marks" entered on the meet registration page, but it is best to enter the marks as results in your past meets.

- Click "**Enter Meet Results**" from the Coach Tools bar, on your team page
- Add an athlete to the roster (repeat for all athletes)
- Select a gender and an **older meet** from the drop-downs near the top
- Select an event
- In the "Edit/Add Results" box, enter the last name of athlete, result and place
- Click "**Add**"
- Repeat for each result

### 4. Register athletes for the Burkburnett Bulldog Relays

- Back on your team page, click "**Burkburnett Bulldog Relays**" in the calendar.
- Click **Register Athletes**
- Add additional athletes at the bottom of the page
- Click on either an Athlete or an Event
- Select the athletes you want to compete, division , and verify seed mark
- Click the Update button to save changes
- Print your entries for use at the meet