

Blaine Quirl Regional Qualifiers Meet

April 21, 2010
Thursday

1:00 – Scratch meeting

2:00 - 3200 m run

2:15 – Field Events

Discus – girls

Shot Put – boys

High Jump - girls

Long Jump - boys

Triple Jump - girls

Pole Vault - boys

3:30 We will just go straight into these events as soon as possible

Discus – boys

Shot Put – girls

High Jump - boys

Long Jump - girls

Triple Jump - boys

Pole Vault – girls

4:15 Start serving the fish in the field house

5:00 Running Events: We might move this up a little depending on weather/etc

400 m relay

800 m run

100 m hurdles (girls) (33')

110 m hurdles (boys) (39')

100 m dash

800 m relay

400 m dash

300 m hurdles girls - (30') boys - (36')

200 m dash

1600 m run

1600 m relay