

TRACK

2012

District 23-4A Policies and Rules

Angleton

Bay City

Brazosport

El Campo

Foster

George Ranch

Lamar

Terry

DISTRICT TRACK MEET

2012 District 23-4A

Tentative Deadlines

- Track and Field District Certification Deadline: April 14, 2012 (Saturday)
- Track and Field Regional Meets: April 27-28, 2012 (Friday & Saturday)
- Track and Field State Meet: May 11-12, 2012 (Friday & Saturday)

Alignment

Angleton, Bay City, El Campo, Brazosport, Foster, George Ranch, Lamar Consolidated, B F Terry

Varsity District Meet

Dates: Wednesday, April 11 – Thursday, April 12

Meeting to Determine Lane Assignments: Monday, April 9, 10 am
(to allow enough time for names and lanes to be entered into computer)

District Certification: Saturday, April 14 by midnight

Start Times:

Day 1

12:00 pm	Scratch Meeting (Scratches <u>only</u> allowed)
1:00 pm	Field Events Session 1
2:30 pm	Field Events Session 2
4:30 pm	Prelims and the 3200m Run
	▪ The 3200m Run will be run after the 200m Dash so that they can run in cooler weather
	▪ If field events are not finished by 4:00 pm, running events will start 30 min after the conclusion of field events

Day 2

5:30 pm	Field Events Awards
6:00 pm	Finals (with awards dispersed throughout)

Location: Traylor Stadium – Rosenberg, TX

NOTE: Meet will be run like the Regional and State Meets with workers only on the field.

JV District Meet

Dates: Wednesday, April 4, 2012
Rain Dates: Thursday, April 5, 2012
Scratch Meeting: Wednesday, April 4, 2012

Start Times:

2:00 pm	Scratch Meeting
2:30 pm	Field Events
5:00 pm	3200m Run
6:00 pm	Other Running Events

Location: Terry High School

District Rules

1. Seniors are allowed to run in the Varsity or Junior Varsity divisions.
2. Only 3 individuals are allowed to be entered in all divisions.
3. Runners may only run in one division for the district meet. Runners may not run in the JV Meet and the Varsity Meet unless it is approved ahead of time at the lane assignment meeting from all district coaches.
 - a. The only time that this would be allowed is if a varsity relay athlete fails or is injured between the JV District Meet and the Varsity District Meet. Therefore, a JV runner may need to run up in order for the team to be able to compete in the relays. Proof must be shown to the district coaches that the athlete is truly injured or has failed.
4. Top 6 individuals receive medals in the Girls and Boys Varsity divisions.
5. Top 2 Teams in the Varsity and JV divisions receive a plaque or trophy.
6. Academic All District - 90 or above during two six weeks in season.
7. Follow all rules in 2011-2012 Track Manual and National Federation Track and Field Handbook (examples: correct uniforms, no jewelry, good sportsmanship).

District Chairman

Gene Tomas - Principal
Foster High School

If You Have Questions Contact:

Mark Wiatrek - Coordinator

Debbie Urbanski - Secretary