



## **Rules**

- 1. Allowed one false start**
- 2. Uil rules**
- 3. No Tape on the Track/Runway**
- 4. Warmup area**
- 5. No camps on the field**
- 6. No tents in the stands/ there will be a tent area**
- 7. Uniforms/Uil**
- 8. Trainer/ Tent area**
- 9. No Food or drinks on the field or track**
- 10. No cell phones or music devices on the track or field.**