

**Lady Knights Relays**  
**MARCH 11, 2011**

**12:30-1:30 SCRATCH MEETING IN SHED NORTH OF TRACK**

**2:00 FIELD EVENTS BEGIN**

4'2" OPENING HEIGHTS HIGH JUMP VG – 4'6 JVG  
POLE VAULT JVG-6' VG - 8'

3 JUMPS IN PRELIMS TOP 8 TO FINALS

**ORDER OF EVENTS**

PIT ONE V GIRLS LONG - TRIPLE (CLOSEST TO  
PV)

PIT TWO JVGirls LONG - TRIPLE (NEXT TO  
TRACK)

HIGH JUMP	VG,JVG
POLE VAULT	JVG,VG
SHOT PUT	VG,JV
DISCUS	JV,VG

**3:30** 3200M RUN

**RUNNING EVENTS (FINALS ONLY) start 30 min. after conclusion of  
Field Events.**

JVG-VG 400-METER RELAY  
JVG-VG 800 M RUN  
JVG-VG 100/110 M HURDLES  
JVG-VG 100 M DASH  
JVG-V 800 M RELAY  
JVG-VG 400 M DASH  
JVG-VG 300 M HURDLES  
JVG-VG 200 M DASH  
JVG-VG 1600M RUN

JVG-VG 1600M RELAY

**ENTRY FEES** ARE \$125 PER TEAM.

**CHECKS** CAN BE MADE OUT TO KILLEEN ISD ATHLETICS AND CAN BE MAILED OR BROUGHT TO THE SCRATCH MEETING.

ADDRESS: **1001 KNIGHTS WAY  
HARKER HEIGHTS, TX.  
76548**

Please fax or email entry form to  
[michelle.womack@killeenisd.org](mailto:michelle.womack@killeenisd.org) or 254-336-0883

**School:**

**Coach:**

**Email:**

**Phone:**

**Yes we will attend:**

\_\_\_\_ **JV girls**

\_\_\_\_ **Varstiy Girls**