

# **JAGUAR INVITATIONAL**

## **Flower Mound High School**

Dear Coach,

Your team is invited to compete in the Jaguar Invitational at Flower Mound High School. The meet is being held on March 24, 2012 at the Neal Wilson/Jaguar Stadium.

### **MEET SCHEDULE**

<b>8:00 A.M.</b>	<b>Scratch Meeting, in the FMHS Field House</b>
<b>8:30 A.M.</b>	<b>Open 3200</b>
<b>9:00 A.M.</b>	<b>Field Events</b>
<b>9:00 A.M.</b>	<b>3200 All Divisions</b>
<b>10:00 A.M.</b>	<b>100H/110H</b>
<b>12:00 P.M.</b>	<b>400m Relay</b>
	<b>800m</b>
	<b>100m</b>
	<b>800m Relay</b>
	<b>400m</b>
	<b>300m Hurdles</b>
	<b>200m</b>
	<b>1600m</b>
	<b>1600m Relay</b>

- All races will be run in the following order: JV Girls, Varsity Girls, JV Boys, Varsity Boys
- You will enter the names of your athletes at the scratch meeting. You are allowed cross-over of athletes from Varsity to Junior Varsity. (Just remember that it will count as 2 meets for any athlete running in both divisions.)
- Please enter your faster runners in the last heats.

Throwing events: 4 throws/jumps in the varsity division, three throws/jumps in the JV divisions (no pre-lims, only finals).

High Jump starting heights: JV Girls 4' 4" Varsity Girls 4' 8" JV Boys 5' 4" Varsity Boys 5' 8"

Pole Vault starting heights: JV Girls 6' 6" Varsity Girls 7' 6" JV Boys 10' 0" Varsity Boys 11' 6"

**Order of Field events:**

**Discus: VB JVB VG JVG**  
**Shot Put: VG JVG VB JVB**  
**Triple Jump: VG JVG VB JVB (east pit)**  
**Long Jump: VB JVB VG JVG (west pit)**  
**High Jump: VB JVB VG JVG**  
**Pole Vault: JVG VG JVB VB**

Gate charge: adults- \$4.00 students- \$2.00

Entry fee is \$125 per varsity team and \$75 per JV team.  
Make check payable to: **FMHS Track Booster Club**

Mail to: Flower Mound H.S.  
Attn. Andrew Cook  
3411 Peters Colony Dr.  
Flower Mound, TX 75022

Feel free to contact me with any concerns or questions.  
We are looking forward to seeing your team at the Jaguar Invitational.

Sincerely,

Andrew Cook  
Head Coach, Boys/Girls Track  
Cell: 972-762-9198  
E-mail: [cooka@lisd.net](mailto:cooka@lisd.net)