

# **PINE TREE INDEPENDENT SCHOOL DISTRICT ATHLETIC DEPARTMENT**

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November 3, 2010

Dear Coach:

We are pleased to have your teams in the Graham- Knowles Invitational Relays on Saturday, February 26, 2011.

### ***Guidelines For The Meet Are As Follows:***

1. Scratch meeting will be at 8:30 a.m. on Saturday at the stadium F.H.
2. Each event will be run as FINALS, taking the best 6 times for points/places.
3. Field Events: Var. and JV divisions will get 3 attempts. No Finals.
4. 1/4 inch spikes will be worn on the track.
5. Team championship, runner-up, and relay trophies will be awarded.
6. Medals will be awarded 1<sup>st</sup> thru 6<sup>th</sup> in all divisions.
7. Awards will be picked up in the press box after the meet.
8. Results will be emailed.
9. Entry fee will be \$150.00 each, Varsity Boys & Girls, and \$100.00 each for JV Boys & Girls.
10. Entry fees should be mailed or brought the day of the meet.
11. All camps will be in the stands. No one will be allowed on field unless warming up for the next race.
12. **Entries will be done online and you will send it in by Feb. 23<sup>rd</sup>. You will be emailed a link at a later date.**

Sincerely,

***MIKE DARBY***  
Boys Track Coach  
903-295-5142

***ROBIN HERBER***  
Girls Track Coach

# 2011 PINE TREE GRAHAM/ KNOWLES INVITATIONAL

We are excited to have your teams in the 18<sup>th</sup> annual Graham Knowles Invitational. Dan Graham was a long time track coach and AD at Pine Tree and Winlon Knowles was a long time track coach and AD here also. The name of our meet is to honor these two legends here at PT.

\$150 EACH VARSITY TEAM  
\$100 EACH JUNIOR VARSITY TEAM  
\$400 MAX PER SCHOOL

	<u>√ IF ENTERED</u>	<u>FEE</u>
VARSITY BOYS	_____	_____
VARSITY GIRLS	_____	_____
JUNIOR VARSITY BOYS	_____	_____
JUNIOR VARSITY GIRLS	_____	_____

TOTAL \_\_\_\_\_ → \_\_\_\_\_

SCHOOL NAME \_\_\_\_\_

COACH'S NAME \_\_\_\_\_

COACH'S CONTACT # \_\_\_\_\_

COACH'S FAX # \_\_\_\_\_

FAX TO 903-759-0898

FEE PROVIDES:

6 MEDALS FOR EACH EVENT, EACH DIVISION  
CUSTOM FOR VARSITY  
TROPHIES FOR RUNNER UP AND CHAMPION EACH DIVISION

MEAL PROVIDED FOR ALL COACHES AND WORKERS  
TWO MEET SHIRTS PER SCHOOL

STARTER FEE

CHECKS PAYABLE TO: **PINE TREE TRACK**

# 2011 PINE TREE GRAHAM/ KNOWLES INVITATIONAL

SCRATCH MEETING 8:30 (STADIUM FIELDHOUSE)

FIELD EVENTS 9:00

POLE VAULT - JV GIRLS, VARSITY GIRLS, VARSITY BOYS, JV BOYS  
SHOT PUT - VARSITY GIRLS, VARSITY BOYS, JV GIRLS, JV BOYS  
DISCUS - VARSITY BOYS, JV GIRLS, JV BOYS, VARSITY GIRLS  
HIGH JUMP - VARSITY BOYS, JV GIRLS, JV BOYS, VARSITY GIRLS  
LONG JUMP -, VARSITY GIRLS, VARSITY BOYS, JV BOYS, JV GIRLS  
TRIPLE JUMP – JV GIRLS, JV BOYS, VARSITY GIRLS, VARSITY BOYS

VARSITY & JV DIVISIONS WILL GET 3 ATTEMPTS. NO FINALS.

STARTING HEIGHTS WILL BE DETERMINED AT SCRATCH MEETING.

ALL RUNNING EVENTS WILL BE RUN AS FINALS WITH PLACES AND POINTS DETERMINED BY THE BEST 6 TIMES IN EACH EVENT.

NOTE: WHEN ENTERING YOUR ATHLETES, HEAT 1 WILL BE THE FASTEST HEAT.

## RUNNING EVENTS:

ORDER OF DIVISIONS (JV GIRLS, JV BOYS, VARSITY GIRLS, VARSITY BOYS) EXCEPT THE HURDLES WILL BE GIRLS THEN BOYS.

10:00 3200 METER

1:00 400 METER RELAY  
800 METER  
100 METER HURDLES  
110 METER HURDLES  
100 METER  
800 METER RELAY  
400 METER  
300 METER HURDLES  
200 METER  
1600 METER  
1600 METER RELAY

## **2011 PINE TREE GRAHAM /KNOWLES INVITATIONAL**

*Pine Tree will offer team meals for the track meet. The meal will be \$5.00 per person and will consist of:*

- 1 Large Grilled Hamburger/Cheeseburger*
- 1 Bag of Chips*
- 1 Candy Bar*
- 1 Drink*

*Tickets for your athletes will be given out at the coaches meeting.  
Pine Tree can bill your school for the meals after the track meet.*

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*PINE TREE TRACK  
ATHLETIC DEPARTMENT  
P.O. BOX 5878  
LONGVIEW, TEXAS 75608*

*FAX (903) 759-0898  
PHONE (903) 295-5142*

*We will need\_\_\_\_\_meals for our track teams.*

*We will not need any meals for our track team.\_\_\_\_\_*

*Please return to our office by: February 11, 2010.*

Checks payable to: **Pine Tree Track**

School \_\_\_\_\_

Coach \_\_\_\_\_

*Pine Tree Graham /Knowles Invitational  
February 26, 2011*