

Southland Conference Indoor Track & Field
2010 Women's Performance List
(Marks submitted as of 1/18/10)

[Links to meet results](#)

& - Attained SLC indoor championship standards

- 55m marks converted to NCAA 60m standards

* - Marks made on 200m banked or oversized tracks converted to 200m flat track standards

Women 60m Dash (7.90)

1	7.65	#&	Samantha Calhoun	Nicholls St	12/5/09	ASU. Kick-Off Klassic
2	7.66	&	Jessica Fisher	Sam Houston St	1/16/10	Texas A&M Invit.
3	7.78	&	Keila Crawford	S.F. Austin	1/15/10	Leonard Hilton Mem.
3	7.78	&	Arteria Sterns	S.F. Austin	1/16/10	Texas A&M Invit.
3	7.78	&	Shannon Reynolds	UT Arlington	1/16/10	Texas A&M Invit.
6	7.79	&	Jasmine Walls	UT Arlington	1/16/10	Texas A&M Invit.
7	7.85	#&	Meagan Snow	UCA	12/5/09	ASU. Kick-Off Klassic
8	7.88	#&	Paige Lynch	McNeese St	1/15/10	McNeese Invit.
9	7.91		Anna Forest	Northwestern St	1/16/10	Texas A&M Invit.
10	7.92		Jessica Tuck	Northwestern St	1/16/10	Texas A&M Invit.
10	7.92		Camelia Sams	S.F. Austin	1/16/10	Texas A&M Invit.
12	7.94	#	Erika Payton	SE Louisiana	12/5/09	ASU. Kick-Off Klassic
12	7.94	#	Ashleigh Wells	McNeese St	1/15/10	McNeese Invit.
14	7.98		Eboni Johnson	UTSA	1/15/10	Leonard Hilton Mem.
15	7.99		Dezera Dunlap	S.F. Austin	1/15/10	Leonard Hilton Mem.
15	7.99		Angelica Kotun	Northwestern St	1/16/10	Texas A&M Invit.
17	8.01		Shamaigun VanBuren	Northwestern St	1/16/10	Texas A&M Invit.
17	8.01	#	Naomi Green	Nicholls St	12/5/09	ASU. Kick-Off Klassic
19	8.02	#	Whitney Clay	SE Louisiana	1/15/10	McNeese Invit.
19	8.02		Brittany Shorter	S.F. Austin	1/15/10	Leonard Hilton Mem.

Women 200m Dash (25.94)

1	25.03	&	Erika Payton	SE Louisiana	12/5/09	ASU. Kick-Off Klassic
2	25.33	*&	Shannon Reynolds	UT Arlington	1/16/10	Texas A&M Invit.
3	25.42	&	Samantha Calhoun	Nicholls St	12/5/09	ASU. Kick-Off Klassic
4	25.45	&	Ashley Carpenter	Nicholls St	12/5/09	ASU. Kick-Off Klassic
5	25.67	&	Ashley Idunoba	Lamar	12/5/09	ASU. Kick-Off Klassic
6	25.85	&	Dezera Dunlap	S.F. Austin	1/15/10	Leonard Hilton Mem.
7	25.90	*&	Jessica Tuck	Northwestern St	1/16/10	Texas A&M Invit.
8	25.96	*	Arteria Sterns	S.F. Austin	1/16/10	Texas A&M Invit.
9	25.98		Keila Crawford	S.F. Austin	1/15/10	Leonard Hilton Mem.
10	26.04		Tiffany Nall	Nicholls St	12/5/09	ASU. Kick-Off Klassic
10	26.04		Whitney Clay	SE Louisiana	12/5/09	ASU. Kick-Off Klassic
12	26.10	*	Folashade George	Sam Houston St	1/16/10	Texas A&M Invit.
13	26.15	*	Antonia Hopkins	UT Arlington	1/16/10	Texas A&M Invit.
14	26.19		Ashley Smith	Lamar	12/5/09	ASU. Kick-Off Klassic
15	26.31	*	Joy Egboba-Waye	S.F. Austin	1/16/10	Texas A&M Invit.
16	26.45		Carmen Gedling	Lamar	1/15/10	Leonard Hilton Mem.
17	26.52	*	Shamaigun VanBuren	Northwestern St	1/16/10	Texas A&M Invit.
18	26.54		Amahra Edwards	S.F. Austin	1/15/10	Leonard Hilton Mem.
19	26.59		Nicole Washington	UTSA	1/15/10	Leonard Hilton Mem.
20	26.68	*	Jazmen Williams	Northwestern St	1/16/10	Texas A&M Invit.

Women 400m Dash (59.92)

1	57.66	*&	DeAndrea Smith	UT Arlington	1/16/10	Texas A&M Invit.
2	58.25	*&	Brittany Culbertson	UT Arlington	1/16/10	Texas A&M Invit.
3	58.39	*&	Tonica Wimberly	Sam Houston St	1/16/10	Texas A&M Invit.
3	58.39	*&	Monika May	Sam Houston St	1/16/10	Texas A&M Invit.
5	58.49	&	Shavonne Armbrister	UTSA	1/15/10	Leonard Hilton Mem.
6	58.56	*&	Megan Turner	UT Arlington	1/16/10	Texas A&M Invit.
7	58.83	&	Carmen Gedling	Lamar	12/5/09	ASU. Kick-Off Klassic
8	58.86	&	Mary Douglas	UCA	12/5/09	ASU. Kick-Off Klassic
9	59.01	*&	Amahra Edwards	S.F. Austin	1/16/10	Texas A&M Invit.
10	59.49	*&	Constance Seibles	Northwestern St	1/16/10	Texas A&M Invit.
11	1:00.01		Ashley Smith	Lamar	12/5/09	ASU. Kick-Off Klassic
12	1:00.23		Mary Dickerson	S.F. Austin	1/15/10	Leonard Hilton Mem.
13	1:00.28		Briony Miller	UTSA	1/15/10	Leonard Hilton Mem.
14	1:00.85	*	Carmen Wallace	Northwestern St	1/16/10	Texas A&M Invit.
15	1:01.09		Jonae McAllister	Nicholls St	12/5/09	ASU. Kick-Off Klassic
16	1:01.36		Brittany Shorter	S.F. Austin	1/15/10	Leonard Hilton Mem.
17	1:01.99		Jasmine Coleman	UCA	12/5/09	ASU. Kick-Off Klassic
18	1:02.35		Marissa Cooksey	UTSA	1/15/10	Leonard Hilton Mem.
19	1:02.69		Alisha Cofer	Lamar	12/5/09	ASU. Kick-Off Klassic
20	1:04.49		Clara Wells	SE Louisiana	1/15/10	McNeese Invit.

Women 800m Run (2:24.84)

1	2:17.07	*&	Danielle Burchett	S.F. Austin	1/16/10	Texas A&M Invit.
2	2:19.33	*&	Jennifer Carey	UT Arlington	1/16/10	Texas A&M Invit.
3	2:20.21	*&	Andrea Warren	Northwestern St	1/16/10	Texas A&M Invit.
4	2:20.34	&	Marion Chebet	Nicholls St	12/5/09	ASU. Kick-Off Klassic
5	2:20.92	*&	Lauren Watts	S.F. Austin	1/16/10	Texas A&M Invit.
6	2:21.42	*&	Esther Abuto	UT Arlington	1/16/10	Texas A&M Invit.
7	2:21.68	&	Heather Estetter	UCA	12/5/09	ASU. Kick-Off Klassic
8	2:21.88	*&	Lawana Perkins	Northwestern St	1/16/10	Texas A&M Invit.
9	2:22.07	&	Jessica McLeod	Nicholls St	12/5/09	ASU. Kick-Off Klassic
10	2:23.54	*&	Dakota Stewart	Sam Houston St	1/16/10	Texas A&M Invit.
11	2:23.81	&	Imma Kosgei	Nicholls St	12/5/09	ASU. Kick-Off Klassic
12	2:24.14	&	Courtney Efurd	UCA	12/5/09	ASU. Kick-Off Klassic
13	2:25.32		April Martin	UCA	12/5/09	ASU. Kick-Off Klassic
14	2:28.47		Sharon Sason	Lamar	1/15/10	Leonard Hilton Mem.
15	2:28.82	*	Monique McMichael	Sam Houston St	1/16/10	Texas A&M Invit.
16	2:29.82		De'Andrea Rouwtt	S.F. Austin	1/15/10	Leonard Hilton Mem.
17	2:32.69		Diona Finley	S.F. Austin	1/15/10	Leonard Hilton Mem.
18	2:33.30		Katrina Turner	S.F. Austin	1/15/10	Leonard Hilton Mem.
19	2:35.42		Amahra Edwards	S.F. Austin	1/15/10	Leonard Hilton Mem.
20	2:39.79		Lillian Turner	UCA	12/5/09	ASU. Kick-Off Klassic

Women 1 Mile Run (5:28.07)

1	5:09.43	&	Kayla Pratt	UTSA	1/15/10	Leonard Hilton Mem.
2	5:11.64	*&	Caroline Erlingson	UT Arlington	1/16/10	Texas A&M Invit.
3	5:15.84	&	Haley Parsons	S.F. Austin	1/15/10	Leonard Hilton Mem.
4	5:15.89	&	Stephanie Ganter	S.F. Austin	1/15/10	Leonard Hilton Mem.
5	5:16.44	&	Dakota Goodman	Nicholls St	12/5/09	ASU. Kick-Off Klassic
6	5:16.61	&	Kadi Whisnant	Nicholls St	12/5/09	ASU. Kick-Off Klassic
7	5:18.28	&	Courtney Efurd	UCA	12/5/09	ASU. Kick-Off Klassic
8	5:18.94	&	Heather Estetter	UCA	12/5/09	ASU. Kick-Off Klassic
9	5:19.05	*&	Christina Mose	UT Arlington	1/16/10	Texas A&M Invit.
10	5:25.53	&	Marie Flores	S.F. Austin	1/15/10	Leonard Hilton Mem.

11	5:27.38	&	Meredith Blocker	S.F. Austin	1/15/10	Leonard Hilton Mem.
12	5:27.58	&	Jessica McLeod	Nicholls St	1/15/10	Leonard Hilton Mem.
13	5:29.36		Jessica Bitterly	UTSA	1/15/10	Leonard Hilton Mem.
14	5:29.68	*	Marissa Paz	UT Arlington	1/16/10	Texas A&M Invit.
15	5:30.71		Aisling Casey	McNeese St	1/15/10	McNeese Invit.
16	5:31.57		Amy Shackelford	S.F. Austin	1/15/10	Leonard Hilton Mem.
17	5:33.03		Alyssa Dooley	Sam Houston St	1/15/10	McNeese Invit.
18	5:35.09		Marlou Biljsma	Lamar	1/15/10	Leonard Hilton Mem.
19	5:38.14		Amanda Dunlap	Sam Houston St	1/15/10	McNeese Invit.
20	5:38.70		Haleigh Pustka	Sam Houston St	1/15/10	McNeese Invit.

Women 3000m Run (10:49.05)

1	10:20.30	&	Samantha Walkow	Lamar	12/5/09	ASU. Kick-Off Klassic
2	10:22.32	*&	Amanda McMahon	UT Arlington	1/16/10	Texas A&M Invit.
3	10:22.92	&	Brea Goodman	Nicholls St	12/5/09	ASU. Kick-Off Klassic
4	10:26.97	&	Lauren Jones	Nicholls St	12/5/09	ASU. Kick-Off Klassic
5	10:33.58	&	Amy Guinn	McNeese St	1/15/10	McNeese Invit.
6	10:35.47	&	Alvy Carragher	McNeese St	1/15/10	McNeese Invit.
7	10:53.08	*	Lydia Chebii	UT Arlington	1/16/10	Texas A&M Invit.
8	10:57.10		Emily Carpenter	Lamar	12/5/09	ASU. Kick-Off Klassic
9	11:03.32	*	Karenisa Ellis	Northwestern St	1/16/10	Texas A&M Invit.
10	11:03.98		Sabrina Peterman	UCA	12/5/09	ASU. Kick-Off Klassic
11	11:10.58		Victoria Gemeny	Sam Houston St	1/15/10	McNeese Invit.
12	11:16.56		Sara Collazos	Sam Houston St	1/15/10	McNeese Invit.
13	11:22.34		Candice McCormick	McNeese St	1/15/10	McNeese Invit.
14	11:28.09		Nora-Beth Saunders	Lamar	12/5/09	ASU. Kick-Off Klassic
15	11:31.56		Dacey Mitchell	UCA	12/5/09	ASU. Kick-Off Klassic
16	11:33.15	*	Allison Fontenot	Northwestern St	1/16/10	Texas A&M Invit.
17	11:46.27		Daisy Cantu	Lamar	12/5/09	ASU. Kick-Off Klassic
18	11:59.83		Bethany Burst	SE Louisiana	12/5/09	ASU. Kick-Off Klassic
19	12:11.53		Courtney Schultheis	SE Louisiana	12/5/09	ASU. Kick-Off Klassic
20	12:49.52		Ashley Wrinkle	UCA	12/5/09	ASU. Kick-Off Klassic

Women 5000m Run (20:35.35)

1	18:41.70	&	Emily Carpenter	Lamar	1/15/10	Leonard Hilton Mem.
2	18:42.51	&	Taylor Cloy	Lamar	1/15/10	Leonard Hilton Mem.
3	19:52.32	&	Nora-Beth Saunders	Lamar	1/15/10	Leonard Hilton Mem.
4	20:30.71	&	Daisy Cantu	Lamar	1/15/10	Leonard Hilton Mem.

Women 60m Hurdles (9.31)

1	8.64	&	Jessica Jones	UTSA	1/15/10	Leonard Hilton Mem.
2	8.73	&	Joy Egboba-Waye	S.F. Austin	1/16/10	Texas A&M Invit.
3	8.84	&	Jordan Heggie	Sam Houston St	1/16/10	Texas A&M Invit.
4	8.88	#&	Judith Schultheis	SE Louisiana	12/5/09	ASU. Kick-Off Klassic
5	8.89	&	Tywaneisha Spiller	Sam Houston St	1/16/10	Texas A&M Invit.
6	9.16	&	Pashe Moore	Sam Houston St	1/16/10	Texas A&M Invit.
7	9.17	&	Tabitha Riley	S.F. Austin	1/16/10	Texas A&M Invit.
8	9.19	&	Porshia Fobbs	UTSA	1/15/10	Leonard Hilton Mem.
9	9.20	&	Amanda McGill	UTSA	1/15/10	Leonard Hilton Mem.
10	9.30	#&	Rahjanaye Bailey	Nicholls St	12/5/09	ASU. Kick-Off Klassic
10	9.30	#&	Kayla Fontenot	McNeese St	1/15/10	McNeese Invit.
12	9.32	#	Jarina Guilbeau	Nicholls St	12/5/09	ASU. Kick-Off Klassic
13	9.34	#	Meagan Snow	UCA	12/5/09	ASU. Kick-Off Klassic
13	9.34		Alicia Jackson	S.F. Austin	1/16/10	Texas A&M Invit.
15	9.43		Sabrina Starr	Sam Houston St	1/16/10	Texas A&M Invit.

16	9.46		Dezera Dunlap	S.F. Austin	1/16/10	Texas A&M Invit.
17	9.47		Tiana Edwards	Nicholls St	1/15/10	Leonard Hilton Mem.
18	9.51		Brantley Vaughan	UTSA	1/15/10	Leonard Hilton Mem.
19	9.57	#	Morgan Davis	Sam Houston St	1/15/10	McNeese Invit.
20	9.59		Monisha Glee	Nicholls St	1/15/10	Leonard Hilton Mem.

Women 4x400m Relay

1	3:51.56	*		Sam Houston St	1/16/10	Texas A&M Invit.
2	3:52.69	*		S.F. Austin	1/16/10	Texas A&M Invit.
3	3:54.62	*		UT Arlington	1/16/10	Texas A&M Invit.
4	3:58.50			SE Louisiana	12/5/09	ASU. Kick-Off Klassic
5	4:00.56	*		Northwestern St	1/16/10	Texas A&M Invit.
6	4:02.28			Nicholls St	12/5/09	ASU. Kick-Off Klassic
7	4:06.19			UTSA	1/15/10	Leonard Hilton Mem.
8	4:08.10			UCA	12/5/09	ASU. Kick-Off Klassic
9	4:11.64			McNeese St	1/15/10	McNeese Invit.

Women Distance Medley Relay

1	12:40.58			Nicholls St	12/5/09	ASU. Kick-Off Klassic
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Women High Jump (1.57m)

1	1.67m	5-05.75 &	Carrie Hahn	S.F. Austin	1/16/10	Texas A&M Invit.
2	1.57m	5-01.75 &	Tabitha Riley	S.F. Austin	1/16/10	Texas A&M Invit.
3	1.55m	5-01.00	Jessica Potter	UCA	12/5/09	ASU. Kick-Off Klassic
3	1.55m	5-01.00	Ebbyonye Johnson	S.F. Austin	1/15/10	Leonard Hilton Mem.
5	1.52m	4-11.75	Morgan Davis	Sam Houston St	1/15/10	McNeese Invit.

Women Pole Vault (3.05m)

1	3.52m	11-06.50 &	Kristi Hermes	Sam Houston St	1/16/10	Texas A&M Invit.
2	3.40m	11-01.75 &	Brooke Townzen	UTSA	1/15/10	Leonard Hilton Mem.
3	3.35m	10-11.75 &	Shelbie Zotyka	Sam Houston St	1/15/10	McNeese Invit.
3	3.35m	10-11.75 &	Brittnay Phantz	SE Louisiana	1/15/10	McNeese Invit.
5	3.27m	10-08.75 &	McKinley Rea	UCA	12/5/09	ASU. Kick-Off Klassic
6	3.25m	10-08.00 &	Kayla Kana	S.F. Austin	1/15/10	Leonard Hilton Mem.
6	3.25m	10-08.00 &	Macy Wade	S.F. Austin	1/15/10	Leonard Hilton Mem.
8	3.23m	10-07.00 &	Lacey Sanchez	SE Louisiana	1/15/10	McNeese Invit.
9	3.10m	10-02.00 &	Sarah Sloan	S.F. Austin	1/15/10	Leonard Hilton Mem.
10	3.05m	10-00.00 &	Emily Lewis	McNeese St	1/15/10	McNeese Invit.
11	2.93m	9-07.25	Kristin Eubanks	SE Louisiana	1/15/10	McNeese Invit.

Women Long Jump (5.30m)

1	5.73m	18-09.75 &	Joy Egboba-Waye	S.F. Austin	1/16/10	Texas A&M Invit.
2	5.53m	18-01.75 &	Camelia Sams	S.F. Austin	1/16/10	Texas A&M Invit.
2	5.53m	18-01.75 &	Ambra McCuin	Sam Houston St	1/16/10	Texas A&M Invit.
4	5.46m	17-11.00 &	Jasmine Ellis	UCA	12/5/09	ASU. Kick-Off Klassic
5	5.38m	17-08.00 &	Jennifer Brown	UT Arlington	1/16/10	Texas A&M Invit.
5	5.38m	17-08.00 &	Crystal Walker	S.F. Austin	1/15/10	Leonard Hilton Mem.
7	5.32m	17-05.50 &	Alicia Jackson	S.F. Austin	1/16/10	Texas A&M Invit.
8	5.26m	17-03.25	Jasmine Mitchell	Sam Houston St	1/16/10	Texas A&M Invit.
9	5.25m	17-02.75	Kristin Gallow	Sam Houston St	1/15/10	McNeese Invit.
10	5.24m	17-02.25	Kayla Fontenet	McNeese St	1/15/10	McNeese Invit.
10	5.24m	17-02.25	Shartanae Swearingin	UTSA	1/15/10	Leonard Hilton Mem.
12	5.23m	17-02.00	Meagan Snow	UCA	12/5/09	ASU. Kick-Off Klassic
13	5.21m	17-01.25	Michelle Ogashi	SE Louisiana	1/15/10	McNeese Invit.
14	5.18m	17-00.00	Ebbyonye Johnson	S.F. Austin	1/15/10	Leonard Hilton Mem.

15	5.16m	16-11.25	Andie Guerra	UT Arlington	1/16/10	Texas A&M Invit.
16	5.09m	16-08.50	Aimee Jonas	UTSA	1/15/10	Leonard Hilton Mem.
17	5.04m	16-06.50	Tabitha Riley	S.F. Austin	1/16/10	Texas A&M Invit.
18	5.03m	16-06.00	Joshalyn Freeman	S.F. Austin	1/15/10	Leonard Hilton Mem.
19	4.95m	16-03.00	Jessica Edwards	UTSA	1/15/10	Leonard Hilton Mem.
20	4.50m	14-09.25	Alyssa Cotton	McNeese St	1/15/10	McNeese Invit.

Women Triple Jump (10.32m)

1	12.06m	39-07.00 &	Eld-Hah Kaswatuka	UT Arlington	1/16/10	Texas A&M Invit.
2	11.97m	39-03.25 &	Eboni Johnson	UTSA	1/15/10	Leonard Hilton Mem.
3	11.52m	37-09.50 &	Camelia Sams	S.F. Austin	1/16/10	Texas A&M Invit.
4	11.42m	37-05.75 &	Kelli Hermes	S.F. Austin	1/15/10	Leonard Hilton Mem.
5	11.33m	37-02.25 &	Judith Schultheis	SE Louisiana	12/5/09	ASU. Kick-Off Klassic
6	11.32m	37-01.75 &	Rebekah Hill	UTSA	1/15/10	Leonard Hilton Mem.
7	11.31m	37-01.25 &	Michelle Ogashi	SE Louisiana	1/15/10	McNeese Invit.
8	11.16m	36-07.50 &	Jasmine Ellis	UCA	12/5/09	ASU. Kick-Off Klassic
9	11.04m	36-02.75 &	Jasmine Mitchell	Sam Houston St	1/16/10	Texas A&M Invit.
10	10.95m	35-11.25 &	April Martin	UCA	12/5/09	ASU. Kick-Off Klassic
11	10.52m	34-06.25 &	Jessica Potter	UCA	12/5/09	ASU. Kick-Off Klassic
12	10.03m	32-11.00	Kristin Gallow	Sam Houston St	1/15/10	McNeese Invit.

Women Shot Put (10.90m)

1	15.55m	51-00.25 &	Trecey Rew	Northwestern St	1/16/10	Texas A&M Invit.
2	14.45m	47-05.00 &	Kaitlyn Andrews	S.F. Austin	1/15/10	Leonard Hilton Mem.
3	14.44m	47-04.50 &	Frednisha Marshall	S.F. Austin	1/16/10	Texas A&M Invit.
4	12.94m	42-05.50 &	Chantel Bratton	Northwestern St	1/16/10	Texas A&M Invit.
5	12.92m	42-04.75 &	Stacia Newton	UTSA	1/15/10	Leonard Hilton Mem.
6	12.52m	41-01.00 &	Jenny Zoch	Sam Houston St	1/16/10	Texas A&M Invit.
7	12.45m	40-10.25 &	Christina Webb	Sam Houston St	1/16/10	Texas A&M Invit.
8	12.41m	40-08.75 &	Shalicia Rochon	SE Louisiana	12/5/09	ASU. Kick-Off Klassic
9	12.36m	40-06.75 &	Ebonee Stephens	Sam Houston St	1/16/10	Texas A&M Invit.
10	12.29m	40-04.00 &	Amber Thomas	SE Louisiana	1/15/10	McNeese Invit.
11	12.21m	40-00.75 &	Amber Kelly	McNeese St	1/15/10	McNeese Invit.
12	11.80m	38-08.75 &	La'Shantena Rounds	McNeese St	1/15/10	McNeese Invit.
13	11.73m	38-06.00 &	Tasha Bryles	UCA	12/5/09	ASU. Kick-Off Klassic
14	11.67m	38-03.50 &	Jessica Fekete	SE Louisiana	12/5/09	ASU. Kick-Off Klassic
15	11.52m	37-09.50 &	Ashlee Smith	McNeese St	1/15/10	McNeese Invit.
16	11.14m	36-06.75 &	Mackenzie Johnson	UCA	12/5/09	ASU. Kick-Off Klassic
17	10.55m	34-07.50	Kayla Fontenot	McNeese St	1/15/10	McNeese Invit.
18	10.36m	34-00.00	Judith McGrew	UCA	12/5/09	ASU. Kick-Off Klassic
19	9.53m	31-03.25	Autumn Stewart	UCA	12/5/09	ASU. Kick-Off Klassic
20	9.03m	29-07.50	Aimee Jonas	UTSA	1/15/10	Leonard Hilton Mem.

Women Weight Throw (12.97m)

1	18.57m	60-11.25 &	Frednisha Marshall	S.F. Austin	1/16/10	Texas A&M Invit.
2	16.48m	54-01.00 &	DeJon Griffin	Northwestern St	1/16/10	Texas A&M Invit.
3	16.03m	52-07.25 &	La'Shantena Rounds	McNeese St	1/15/10	McNeese Invit.
4	15.83m	51-11.25 &	Katie Bragg	UTSA	1/15/10	Leonard Hilton Mem.
5	15.08m	49-05.75 &	Jaimee Bennett	UTSA	1/15/10	Leonard Hilton Mem.
6	15.04m	49-04.25 &	Ashlee Smith	McNeese St	1/15/10	McNeese Invit.
7	14.86m	48-09.00 &	Jenny Zoch	Sam Houston St	1/16/10	Texas A&M Invit.
8	14.62m	47-11.75 &	Taelor Wilson	UTSA	1/15/10	Leonard Hilton Mem.
9	14.33m	47-00.25 &	Christina Webb	Sam Houston St	1/16/10	Texas A&M Invit.
10	14.06m	46-01.50 &	Renada Living	SE Louisiana	1/15/10	McNeese Invit.
11	13.53m	44-04.75 &	Shalicia Rochon	SE Louisiana	12/5/09	ASU. Kick-Off Klassic

12	13.32m	43-08.50 &	Ebonee Stephens	Sam Houston St	1/16/10	Texas A&M Invit.
13	13.28m	43-07.00 &	Amber Thomas	SE Louisiana	1/15/10	McNeese Invit.
14	13.09m	42-11.50 &	Jessica Fekete	SE Louisiana	1/15/10	McNeese Invit.
15	12.87m	42-02.75	Amber Kelly	McNeese St	1/15/10	McNeese Invit.
16	12.48m	40-11.50	Stacia Newton	UTSA	1/15/10	Leonard Hilton Mem.
17	12.41m	40-08.75	Chantel Bratton	Northwestern St	1/16/10	Texas A&M Invit.
18	9.83m	32-03.00	Judith McGrew	UCA	12/5/09	ASU. Kick-Off Klassic
19	8.56m	28-01.00	Mackenzie Johnson	UCA	12/5/09	ASU. Kick-Off Klassic
20	8.48m	27-10.00	Autumn Stewart	UCA	12/5/09	ASU. Kick-Off Klassic